

September 2013

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Next RNA Meeting:
Tuesday, September 10th
at 7:30 PM

Location:
Harbor View Health Care Center 1st
Floor Cafeteria
178 Ogden Avenue

Agenda:

Membership Dues

Membership dues and donations help sustain the RNA. Annual dues are \$10. Please contribute on our website, at an RNA meeting, or make checks payable to: Riverview Neighborhood Association and mail c/o RNA, 154 Ogden Ave., 3E, Jersey City, NJ 07307.



Greetings!

Please join us this Saturday, Sept 7th, for our 27th Annual Park Fest and Flea Market in Riverview-Fisk Park from 10AM-5PM (rain date 9/8) and on Tuesday, September 10th for our regular monthly meeting at the Harbor View Health Center, 178 Ogden Ave (corner of Franklin), 1st Floor Cafeteria at 7:30PM.

RNA's Annual Park Fest & Flea Market This Saturday!

It is September to be sure! RNA's 27th Annual Park Fest and Flea Market is this Saturday from 10AM-5PM in Riverview-Fisk Park (Palisade & Ogden Avenues between Griffith & Bowers Streets). (Rain date is Sunday.) This is a great opportunity for the community to come together to enjoy family entertainment including live music, children's activities, free yoga and Zumba, and find fabulous buys from over one hundred vendors.

Need to clear out some gently used items from your home? There is still time to reserve a space. **Advanced rates are available until Friday** by registering at our website and paying via Paypal - or day-of space is available for \$25 (cash only). For more information call 201-830-1507 or visit our [website](#).

This year's lineup of bands and activities is better than ever. We will have kids activities throughout the day adjacent to the RNA booth (in front of the remaining base of the gazebo), as well as this great lineup:

- **10AM-1PM: DJ SMOKE!** <http://www.djsmoke13.com/> A 25 year veteran of the rock and club scene, Smoke has DJ'd in over 20 U.S. States and abroad.
- **10:15AM: Payaso Triste joins Jenna for Zumba!** Free Zumba with Jenna--come ready to workout! Payaso Triste is Carnival Latin hip hop fusion with Brazilian and African sounds and pop beats. Check out www.pyramidrecords.bandcamp.com
- **11AM: Yoga in the Heights** Free one-hour yoga class (donations accepted). Your favorite class from the Riverview Farmers Market comes to the Flea Market (Yoga will be at the market on Sunday too!)
- **1PM: Martin Moretto Duo** Martin is one of our area's most active Argentine guitarists and is a member of the legendary Argentine Progressive Tango Group, Alas (Wings). Martinmoretto.com
- **2PM: GMJ Groove** <http://www.youtube.com/watch?v=5K7gWSDyJDU>. You loved them at Live at the Lumberyard and they are back for an encore!
GMJ Groove is a Jersey City-based trio consisting of saxophone, bass, guitar, electric violin and percussion. GMJ Groove plays an eclectic mix of Funk, Jazz, Reggae and R&B with occasional forays into Blues, Middle Eastern and Latin musical styles.
- **3PM: Crash Gordan and Debra Dynamite.** Back by popular demand from last year's fest, Crash Gordan and Debra Dynamite will fill the park with authentic rhythms of rock n' roll, blues and rhythm, rockabilly, and a bit of country twang all meshed together to form an excitingly fresh sound!
- **4PM: Sea of Otters** <https://soundcloud.com/nicholas-ciavatta/sea-of-otters-split-seam>
Sea of Otters is a Jersey City band that plays funky Alt Rock with a twist of Jazz and Blues. The tight rhythms and three part harmony add many layers to this diverse and driven group of friendly folks, and Pat's got "a beard like a billy goat..."

Please note that there will be NO PARKING on Ogden Ave between Griffith & Bowers from 8AM-6PM. While we know this is an inconvenience, we ask your cooperation and support of this community festival. Cars will only be allowed in to unload; they must immediately leave upon completion.

Volunteers are needed to help at the RNA table and to help with the activities. Please contact us at riverviewneighborhood@comcast.net to volunteer.

Busy Summer

RNA has had an active summer promoting the Riverview Arts District and the neighborhood. Just a few examples, in case you missed all the fun!

Movies in the Park(s) returned to Riverview Park on August 2nd, when we screened *Wallace & Gromit, The Curse of the Were-Rabbit*. Over 200 were in attendance and enjoyed this great flick and free popcorn and lemonade. In addition, **Movies in the Park(s)** took place in Pershing Field for the first time this summer and returned to Washington Park (twice!).

This year **Movies in the Park(s)** were enjoyed by residents all across Hudson County due to the generous sponsorship of Hudson County and the Hudson County Board of Chosen Freeholders. The Heights movies were produced by Washington Park Association of Hudson County, Inc., **Pershing Field Garden Friends and Riverview Neighborhood Association with the generous support of the Jersey City Independent, Bayonne Community Bank and Baines Family Dental.**

Live at the Lumberyard took place on August 23rd after being rained out during June's JC Fridays. It was a spectacular night of music thanks to GMJ Groove, Sea of Otters and Twiddlin' Thumbs and could not have happened without the support of Palisade Lumber and Supply, Nick Ciavatta, and Gerald Lucas.



Jaron and Kris hosted our **Summer BBQ and Potluck** on July 28th (thank you!) and the **Power of Art Show** had a great run at the Trolley Car Bar and Grill through the beginning of August. Four pieces were sold supporting the artists and RNA!

The **Riverview Farmers Market** has become a regular stop for many residents each Sunday morning from May through October. RNA sponsors the market and we've tabled there about twice a month this season. Stop by!

Clean-ups galore! Thanks to our cleanup committee, we've hosted clean-ups throughout the summer (thank you Donna Lemery and your committee and volunteers) helping the Heights look better. (Next clean-up is scheduled for 9/15 at 10AM, Palisade and Reservoir). Also, volunteers have been working on **Ogden's End Community Garden** every Wednesday evening and Saturday morning.

RNA Monthly Meeting Sept 10th

It's time to get back into the swing of things! RNA's monthly meetings resume on Tuesday, September 10th at 7:30PM at the Harbor View Health Center, 178 Ogden Ave and the 2nd Tuesday of each month thereafter. This month, we'll be updating you on the 100 Steps and NY Ave Construction projects, and discussing the Big Dig and other upcoming Fall activities. In addition, the JCPD and Mayor's Resident Response Center will be present to hear your comments and concerns.

Local Business Profile: Yoga In the Heights

By *Rafal Rogoza*



Two years ago Stephanie Kumar partnered up with a friend and used to make the trip from her Webster Avenue apartment to Hoboken where they practiced yoga, until the duo decided they wanted to practice closer to home.

"Why don't we try to bring some yoga here to the heights," said Kumar, referring back to that first conversation that only a year later would lead to a successful donation funded yoga school designed for practitioners of all levels.

Yoga in the Heights, run by Kumar and co-owner Bridget Fujioka, began its first session outdoors at Riverview-Fisk Park last year the same day of the farmers market opening. Kumar says that session included only two people. Now, through community support and attention drawn by practitioners in the park, the sessions have grown to include about 35 people.

Kumar, a 33-year-old mother, said she started practicing yoga as an athletic pursuit but she's come to realize other benefits of yoga's spiritual discipline that she likes to share with others who are interested.

"The more I've gotten into it over the years the more mind and body benefits I realized it has," she said.

In addition to the 11AM Sunday park sessions, Kumar and Fujioka have also held classes at the Distillery Gallery and Artspace on Hutton Street near Palisade Avenue. Kumar says they're expecting to hold more classes beginning later this month when Yoga in the Heights opens at a practice facility near Bowers Street and Palisade Avenue.

Those interested in participating in the Sunday class should bring a mat and water. There is no charge but a donation is encouraged. Kumar says she hopes to distribute proceeds from one Sunday session of every month to a local nonprofit.

For more information visit jcheightsyoga.com.

Updates:

100 Steps Yes, it is really happening! Just last week, the pre-fabricated steel steps were installed. Construction continues but opening day is not too far off now! We'll have additional information at our meeting on Tuesday, September 10th.

NY Ave/Ravine Road: Slow progress is being made and, if all goes well, the road will reopen by Halloween. Drainage work at the bottom of the hill is near completion and a new water main will go in thereafter. Paving and striping will take place in September followed by lighting, guard rail and fence installation, and landscaping in Sept/October. If the weather is cooperative and the construction gods favorable, things can stay on schedule.

Washington Park Live! will take place on September 21st this year. Please join our friends at Washington Park Association of Hudson County, Inc. for a full day celebrating the Riverview Arts District and a spectacular lineup of the arts and music events! Visit wpanj.org for details.

Keep up with the latest news and activities

To keep up with neighborhood news, alerts and our updated events, please follow us on Facebook or Twitter or check our [website](#).